## WOODARD \* RICHARD INVITATIONAL ORDER OF EVENTS

#### **MEET WILL START AT 10:30 AM**

2 SCORING ENTRIES PER EVENT \*

#### **COACHES MEETING SCHEDULED FOR 9:45 AM**

{PLACE TBD}

### FIELD EVENTS BEGIN @ 10:30 AM

GIRLS HJ \* BOYS LJ / GIRLS LJ \* BOYS HJ
GIRLS DISCUS \* BOYS SHOT PUT / GIRLS SHOT PUT \* BOYS DISCUS
GIRLS POLE VAULT \* BOYS POLE VAULT

# RUNNING EVENTS WILL START AT 11:30 AM GIRLS 1<sup>ST</sup> THEN BOYS

**ROLLING TIME SCHEDULE / NO PRELIMS** 

4 X 800

100 HH

110 HH

**100M DASH** 

4 X 200

**3200M RUN** 

4 X 400

**LUNCH BREAK 30 MINUTES** 

4 X 100

**1600M RUN** 

300M IM HURDLES

DMR (800-400-1200-1600)

**200M DASH** 

**800M RUN** 

W\*R RELAY (200-200-400-800)